



## ABOUT PEARLS FOR TEEN GIRLS

PEARLS began in 1993 to help girls in middle school develop social, emotional, and practical skills that would prepare them to be empathetic, self-sufficient women leaders. Now serving girls in 5th through 12th grades, PEARLS supports girls as they wrestle not just with the upheavals of adolescence, but also with the socioeconomic conditions in their neighborhoods and homes — generational poverty, unemployment, teen pregnancy, substance abuse, crime, low academic achievement, systemic racism and broken relationships.

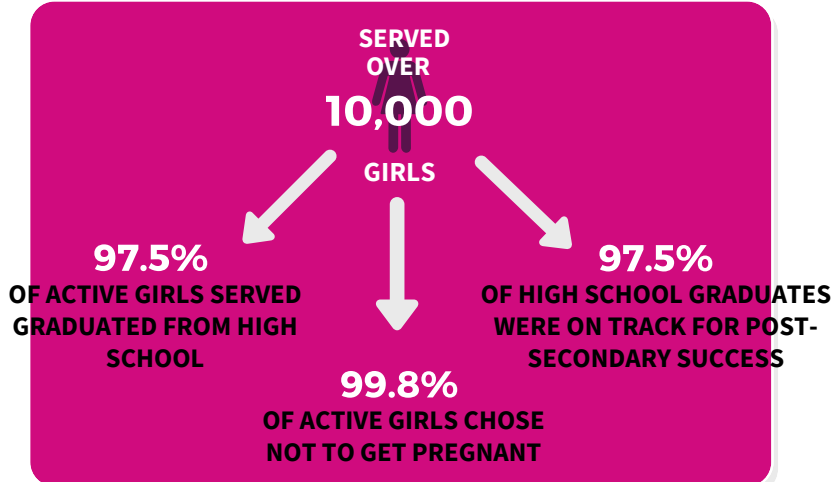
PEARLS surrounds girls with positive role models, encouragement, high standards, hope, and support as they learn to make their own choices about their futures. The skills girls learn help them choose to complete high school, prepare for college or a career, and avoid teen pregnancy.

### OUR MISSION

PEARLS for Teen Girls improves quality of life and strengthens our community one girl at a time by empowering young women with self-development tools, guidance and support to strive for better, brighter futures by living out the PEARLS values:

**Personal Responsibility, Empathy, Awareness, Respect, Leadership and Support**

### OUR 10 YEAR OUTCOMES



### PEARLS GROUPS MEET ONCE WEEKLY AT LOCAL SCHOOLS AND YOUTH SERVING ORGANIZATIONS, AND ARE:

- girls-only, safe-spaces for girls in 5th-12th grade
- co-facilitated by an intergenerational team of adult program coordinators and junior staff
- free and involvement is 100% voluntary



### OUR FOCUS AREAS:

- Social and Emotional Learning
- Trauma Informed Care
- College and Career Readiness
- Self-Development and Self-Esteem Building
- Building Healthy Relationships
- Striving to Achieve
- Helping Hands in the Community
- Pregnancy Prevention

### HOW YOU CAN SUPPORT PEARLS



**\$1,000** supports 1 girl for a year



**\$500** supports 1 girl for a semester



**\$250** provides snacks for 1 group



**\$150** provides transportation for 1 field trip



**\$100** provides art supplies for 1 group



**\$50** supplies 5 goal-setting journals